



**HEALTH SCRUTINY PANEL  
25 NOVEMBER 2004**

**HEALTHY LIVING REVIEW:  
HEALTHY LIVING SEMINAR UPDATE**

**1.0 PURPOSE OF THE REPORT**

- 1.1 To formally advise the Panel of what was discussed at the Healthy Living Seminar.
- 1.2 To request the Panel begins to consider its recommendations following the Healthy Living Review.

**2.0 RECOMMENDATIONS**

- 2.1 That the Panel notes the information provided.
- 2.2 That the Panel considers the recommendations it would like to make in its final report following the Healthy Living Seminar.

**3.0 REVIEW PROGRESS**

- 3.1 At the outset of the Healthy Living Review, the Panel agreed the terms of reference as:
  - a) Are healthy living initiatives co-ordinated
  - b) Can an overarching strategy be developed
  - c) How are outcomes measured and evaluated

- 3.2 The Panel has received evidence from the Mayor, Council Officers responsible for the Healthy Living Centre, Citizen's Advice Bureau, Welfare Rights and the Money Advice Service.
- 3.3 On 15 November 2004, the Panel hosted a Healthy Living Seminar held at the Middlesbrough Teaching & Learning Centre. The Panel heard evidence from:
- a) Professor P Kelly, Director of Public Health at the Middlesbrough Primary Care Trust. Professor Kelly spoke of the challenges facing the Healthy Living Agenda in Middlesbrough and the current initiatives aimed at promoting a healthier lifestyle for the people of Middlesbrough.
  - b) Dr D Chappel, North East Public Health Observatory. Dr Chappel spoke about the challenges around measuring the impact of Healthy Living Initiatives and mechanisms for assessing which initiatives had impact and which did not.
  - c) Dr Lone a practising GP and Member of the Professional Executive Committee at Middlesbrough PCT. Dr Lone gave a very valuable perspective from a practitioner's point of view on Healthy Living Initiatives and the challenges facing the local health economy in addressing the health of local people.

#### **4.0 NEXT STEPS**

- 4.1 It is now for the Panel to consider the evidence it has received so far and begin to consider its recommendations. Once recommendations are suggested a final report will be drafted and submitted to the Panel for comment.

#### **5.0 BACKGROUND PAPERS**

- 5.1 There are no background papers to this report.

#### **Contact Officer:**

Jon Ord - Scrutiny Support Officer

Telephone: 01642 729706 (direct line)

Email: jon\_ord@middlesbrough.gov.uk